

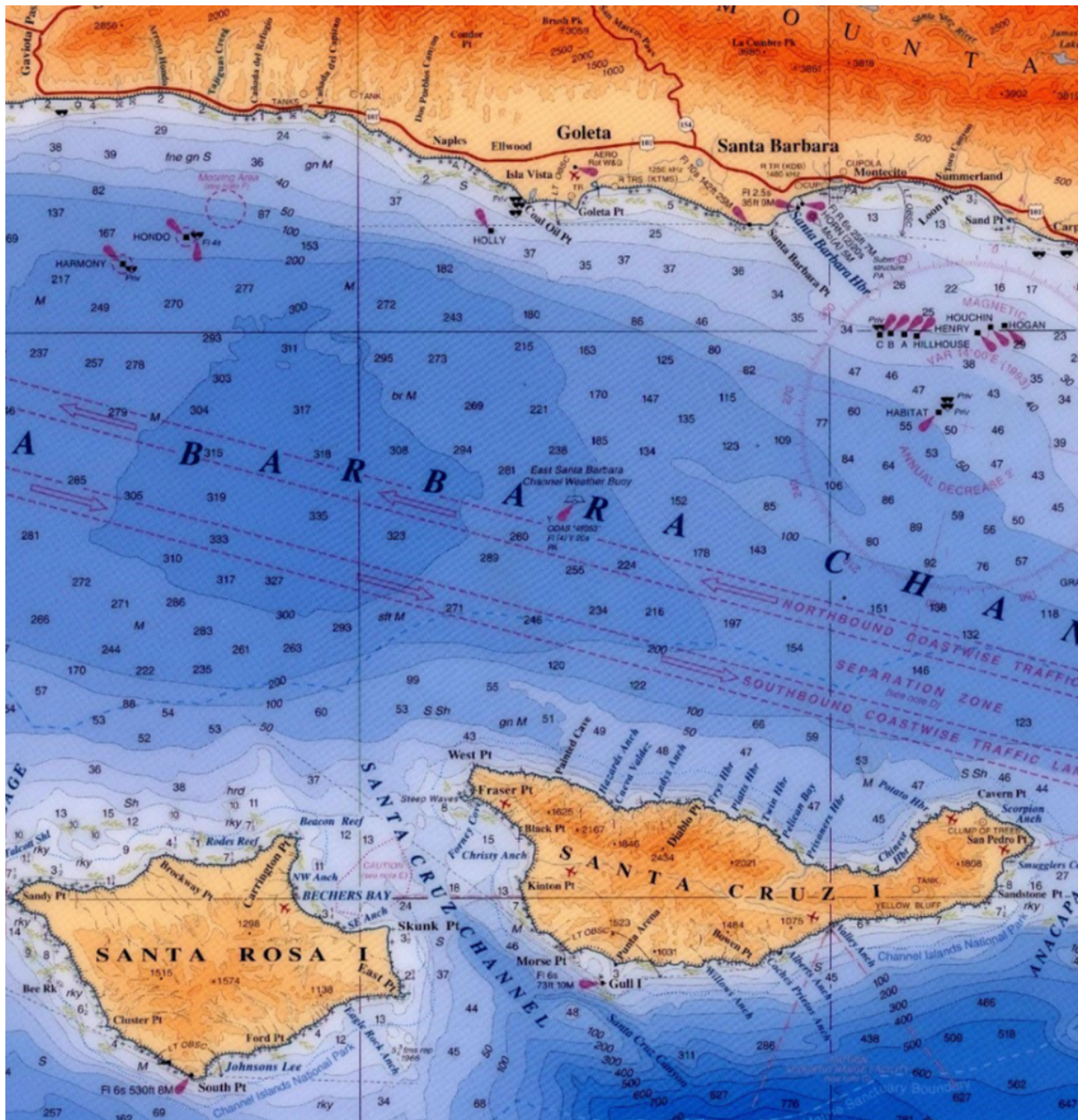


Signal Hoist

Santa Barbara Sail & Power Squadron

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Monthly Newsletter July 2026





COMMANDER'S MESSAGE

Cdr. Alec Hardy

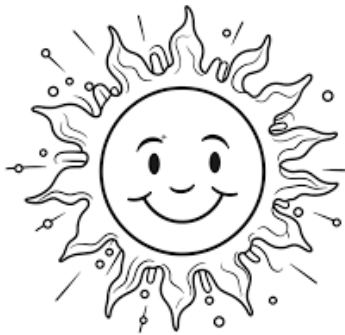
Hello Squadron Members,

I hope you are all having a great summer so far! Just a couple quick notes for this beautiful July. We have great social and cruising events coming up...

Our Famous PCYC Cruise and Dinner is coming up on July 11th. Please check it out and RSVP if you have not. My understanding is we already have quite a few signups and several boats going. Make sure not to miss this once a year event! Check it out by clicking [here](#).

We are coming up on the prime cruising season of August, September, October. While we have a published cruising calendar, please feel free to reach out to me with dates that you will be available to cruise and we will try to get you connected to other boaters.

Thanks to everyone for all you do and hope to see on the 11th!





**SECRETARY'S MESSAGE
&
ACTIVITIES
COORDINATOR
MESSAGE**

Virginia Johns

One of the squadron's favorite July traditions is our annual dinner at the Pacific Corinthian Yacht Club (PCYC) in Channel Islands Harbor. We combine a social activity with a cruise and often include a short business meeting.

That is the plan this year.

- ***Cruising*** - If you are planning to cruise down let Tom Koch (who is the coordinator with PCYC) and Cdr Alec Hardy (who is our squadron cruise coordinator) know so they can make arrangements. PCYC will let us use their dock, including rafting up if needed on Fri and Sat nights.
- ***Socializing Sat July 11***
 - 1600 Appetizers and Ron's famous PainKillers on the Dock
 - 1800 No Host bar at PCYC Crows Nest
 - 1900 Dinner at PCYC Crows Nest
- ***Business***
 - Cdr Hardy will run a short squadron business meeting – let him (or Secretary Virginia) know if you have an agenda item to suggest for the meeting



SEO MESSAGE

George Poe

Greetings, I have volunteered to be the Squadron Educational Officer (SEO) after a 13 year hiatus. Please be patient with me as I navigate 13 years worth of changes to the system.

We will kick off our 2026-2027 educational offerings in a couple of weeks when the educational committee meets and selects the courses we plan to offer. Prior to the meeting I wanted to solicit input from the squadron. We have the following classes and seminars available. Should you find any classes interesting please contact me and I will add them to the consideration list. My contact info is gpoe@singletrackeng.com.

Classes

ABC

Boat Handling

Marine Navigation

Advanced Marine Navigation

Offshore Navigation

Celestial Navigation

Cruising Under Power and Sail

Engine Maintenance

Marine Electrical Systems

Marine Communication Systems

Radar for Boaters

Sail

Seminars

Sailing the Santa Barbara Channel

CPR

Knots/Lines

Weather Seminar

Upcoming Activities

July 10- Fri
July 12 Sun
July 11 Sat

**PCYC Cruise &
Dinner (Appetizers on the
dock: 4:00pm and dinner at
7:00 in the Crow's Nest)**

**Pacific
Corinthian
Yacht Club**





Santa Barbara Sail & Power Squadron



**Pacific Corinthian Yacht Club
Cruise & Dinner**

**Dinner & Festivities, Saturday,
July 11, 2026**

**Slips Available Friday &
Saturday
12 noon July 10 - 11:00AM
July 12**

Santa Barbara Sail & Power Squadron
PACIFIC CORINTHIAN YACHT CLUB
CRUISE & DINNER - CROW'S NEST

11 JULY 2026

2600 South Harbor Blvd
Channel Islands Harbor

Dock Appetizers and Drinks @ 1600
PCYC Crows Nest No Host Bar @ 1800

Dinner Crow's Nest @ 1900

Pistachio Encrusted Salmon Or
New York Steak

Dinner Includes:

Seasonal Mixed Greens Salad
Vegetables

Potatoes/Rice Pilaf, Rolls & Butter
Coffee or Tea, Dessert — Ice Cream Sundae

Price: \$60.00 per person

(tax and gratuity included)

Guest dock and rafting available.

After 12n 10 July — 11am 12July

Coming by boat: take left fork, continue to bridge, on left. By car: 101 S to Seaward, left onto Harbor Blvd. to Channel Islands Harbor (approx. 7 miles after exiting 101). Turn right before the bridge, first left into shopping area and another immediate left. Follow the road to PC Yacht Club.

ALL MEMBERS WELCOME
YOU DO NOT NEED A BOAT TO PARTICIPATE

Make your reservation NOW! Pay by credit card at https://www.sbsps.net/boating-event/pcyc-cruise-and-saturday-dinner/#tribe-tickets_tickets-form

For further information contact
Tom Koch @ 805 729-3385 or
email: tbkoch01@gmail.com

Santa Barbara Sail & Power Squadron
PACIFIC CORINTHIAN YACHT CLUB
CRUISE & DINNER - CROW'S NEST

RESERVATION FORM
Come by boat or by car, but join us!

NAME _____

SPOUSE/GUEST(S) _____

Coming by Boat: Power _____ Sail _____ Length _____

Approx. date and time of boat arrival: _____

DINNER CHOICE

Pistachio Encrusted Salmon #: _____

New York Steak #: _____

Dinners @ \$60 each: _____ Total \$ _____

Two Ways to Make Your Reservation

Make your reservation and pay by credit card at https://www.sbsps.net/boating-event/pcyc-cruise-and-saturday-dinner/#tribe-tickets_tickets-form or

Make checks payable to Santa Barbara Sail & Power Squadron and mail along with your choice of entrée to:

Tom Koch
333 Old Mill Rd. Spc 278
Santa Barbara, CA 93110

DINNER RESERVATION DEADLINE: JULY 9
BOAT RESERVATION DEADLINE: JULY 3
NO REFUNDS OR CANCELLATIONS AFTER JULY 9

Report from Pelicans

Alec Hardy

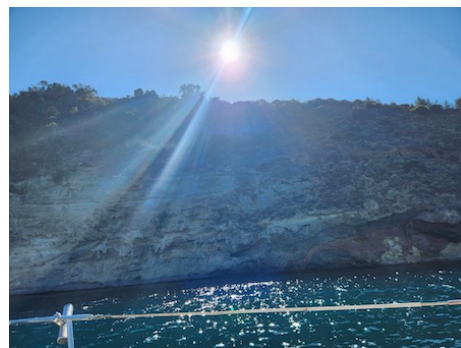
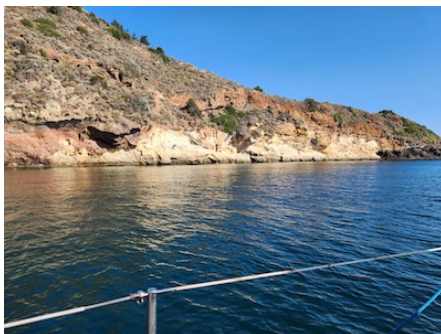


I've been doing Sunday-Monday-Tuesday recently as those are my days off. We left Ventura Harbor at about 8am on Father's Day, June 21st, and proceeded towards Pelican Bay on the Front Side of Santa Cruz. The wind report was a little off as we experienced wind immediately upon leaving the harbor. The later morning was a little tougher motoring up into it.

Once we arrived, the anchorage was fairly calm, except for the prevailing wind curving around the point which forced us to reset the anchor setup immediately. Pelican has extensive rock fields close to the rock wall at least 50-100 feet out, so an anchor dropped there will snag in the rocks and be tough to get out.



We mostly focused on diving and exploring the bay via skiff and SUP. I was able to get 10 scallops for Monday night and we had fettuccine alfredo with scallops. We only had one other keel boat with us for the second night.



Sailing back was fairly calm until about 1 hour out from Ventura when the wind built. We were approached by a "Security" boat that wanted us not to

get too close to the Drone boat that they were testing out of Naval Base, so that was interesting. We made it back very quickly in a little under 5 hours for 25nm, so great time. I highly recommend Pelican as it can be a calm anchorage at times and there is still some wildlife left to see.



The following article was submitted by Virginia Johns

The effects of boating under the influence can be fatal and heartbreaking for all involved. In this [episode](#), we talk with Rhonda Campbell, California Victim Services Manager with Mothers Against Drunk Driving and Deputy John Canepa with the San Joaquin County Sheriff's Department about boating under the influence (BUI). Learn about how BUI differs from driving under the influence (DUI), some important and shocking statistics, penalties, and much more. @BoatCA @TheCaliforniaCoast @MADD @SJSheriff.

This podcast is also available in all the following streaming platforms including Spotify, Apple podcast, iHeartRadio, Amazon music, and Pandora

@BoatCA

@TheCaliforniaCoast

Want more? Check our previous podcast episodes [here](#) including the [CA Boating Incidents episode](#)

Please celebrate this Fourth of July Holiday Weekend and the summer responsibly!

Wear a Life Jacket: Life jackets save lives. Make sure everyone on board is wearing a properly fitted, [U.S. Coast Guard-approved life jacket](#) that is appropriate for the intended boating activity.

Know Before You Go: Always check the weather forecast before heading out and remain alert to changing conditions. Sudden storms or rough waters can pose significant dangers. Always have a reliable means of communication onboard to receive weather updates. Before heading out, verify that the water body is open and not affected by any temporary closures or restrictions.

Carry the Proper Safety Equipment: Ensure you have all the required equipment onboard and in good working condition for a safe and fun day on the water. Review the [ABCs of California Boating](#) for more details.

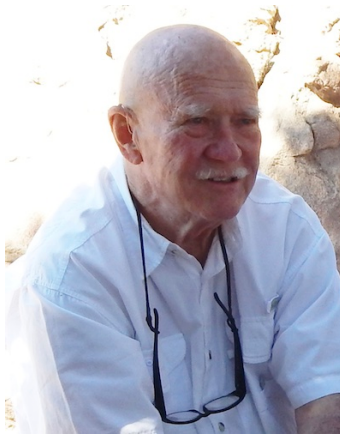
Take a Safe Boating Course and Get Your California Boater Card: Effective January 1, 2025, all operators of motorized vessels on California waterways, regardless of age, are required by law to possess a California Boater Card. This card demonstrates that the holder has successfully completed an approved boating safety course. The requirement aims to enhance safety on the water by ensuring that all operators are educated in boating laws, navigation rules, and emergency procedures. More information is available at [CaliforniaBoaterCard.com](#).

File a Float Plan: Let someone know your boating plans before you depart. File a float plan with a friend or family member detailing your itinerary, expected return time, and contact information. In the event of an emergency, this information can be crucial for rescuers.

Implement Clean and Green Practices: Use oil absorbents and fuel bibs to prevent spills and dispose of them properly. Never throw garbage into waterways; instead, use shore-side facilities to recycle and dispose of waste responsibly. Take advantage of shore-side facilities to recycle plastic, glass, metal, and paper. Used fishing line can be deposited at [fishing-line recycling stations](#). Properly dispose of your boat sewage. [Download the Pumpout Nav App](#) to identify the nearest sewage pumpout, dump station and floating restrooms are located.

This podcast was brought to you by the California State Parks and Waterways and the California Coastal Commission





Celebrating the Life of P/C Dick Rowland

Virginia Johns



Saturday June 13, 2026 Libertad and Maude sailed out of the Santa Barbara Harbor to celebrate the life of P/C Dick Rowland. His daughter Sharon noted that although the family had not selected this particular date for this reason, it was interesting that their mother died on June 13, 2017.

s/v Maude carried daughter Sharon, her husband Jim, and Jim's son Sam with wife

Karen. Squadron members on board were Captain Pete Seagoe, John Profant, and Neil Ablitt.

s/v Libertad carried daughter Cyndi, close family friend Caroline Hoag, and Sharon's son Rich with wife April. Squadron members on board were Captain Dennis Johns and Virginia Johns.



Sharon mentioned how nice it was to have these two particular boats participate in the ceremony. She knew her folks spent a lot of time on their

vessel Westwind, buddy boating with the Ablitts' Maude and had many fond memories of their time together. They also have many photos of their dad wearing his s/v Libertad hat which he earned when crewing on that boat for its first Baja Haha rally. It was also very touching when Neil said that this was likely his last time sailing on Maude.

The day was a bit cloudy with a light wind of 8-10 knots. Waters were pretty calm. Some stories were told. Sam related that one summer grandpa put him in the bosun seat to help with something on the mast; as a young teenager, he absolutely loved it. Carolyn mentioned that after her parents died young, Dick and Marcia told her that she was now their "adopted daughter". She considered this a great gift and stayed close to the family. John spoke of his experiences learning spear fishing from the Rowlands (see more on that below).

The two boats moved very close to each other. Sharon spread the ashes between the two boats and we all followed with flowers and flower petals. We silently floated for awhile with our private reflections.



Pete summarized it beautifully - It was a solemn yet festive occasion. We were on the water, with friends, one of Dick and Marcia's favorite places to be.



John Profant memory: I met Dick when I was 16 years old. That was because I was dating his daughter. A year before that I got certified to SCUBA dive. When I told Dick and Marcia that their eyes lit up and they had the biggest smile. You see, Dick and Marcia's passion was to spearfish. They

did what you call free diving, without SCUBA. They were long time members of the Long Beach Neptunes, a spearfishing club. They would go up and down the coast to these spearfishing meets. At the end of the day, they would all throw their catch into a big pot along with a couple of swim fins and cook up some fish stew.

Dick was a phenomenal spear fisherman. He won the International Spearfishing tournament one year and Marcia held the women's championship three different times. There is a rock off the Isthmus at Catalina Island that sits in 105 feet of water and comes to the surface. It is called Richardson Rock. Dick pushed off the bottom of the rock free diving.

They were bound to teach me how to spearfish. They had two Flanagan boards they used for spearfishing. These were 16-foot boards, 4 inches thick. They would take Sharon and me up and down the coast on these spearfishing trips. Dick and Marcia would be on one board with Sharon and I on the other board. We would paddle five miles up and down the coast looking for good fishing reefs. I loved it and have continued to spearfish most of my life.



Santa Barbara



Maritime



Museums's Distinguished Speaker Series: July

A Deep Dive Into Island Conservation

SBMM is pleased to welcome Jennifer Sachs, Senior Development Officer at Island Conservation, for an engaging July Maritime Distinguished Speaker Series presentation titled "A Deep Dive into Island Conservation." The program will explore how restoring island ecosystems helps protect biodiversity, strengthen climate resilience, and improve ocean health worldwide. The talk will take place on Thursday, July 16, 2026 at 7:00 p.m. at SBMM. SBMM members are invited to a pre-lecture reception from 6:15–6:45 p.m.

Island Conservation is a global nonprofit organization dedicated to restoring islands for both nature and people through collaborative, science-based conservation strategies. Working closely with local communities, scientists, and conservation partners, the organization focuses on holistic restoration to bring back biodiversity, the foundation of all healthy sustainable ecosystems benefitting both terrestrial and marine environments.

During the presentation, Sachs will provide an overview of Island Conservation's global initiatives and the organization's measurable impact across island ecosystems. She will highlight projects that demonstrate how island restoration contributes to healthier oceans, improved climate resilience, and stronger biodiversity outcomes. The talk will include a special focus on conservation efforts connected to California's Channel Islands and sites of maritime significance, offering regional context for the global work being undertaken.

"Island ecosystems are deeply connected to the health of our oceans, and their restoration creates ripple effects that benefit both wildlife and coastal communities," said Executive Director of the Santa Barbara Maritime Museum Dean Noble. "Jennifer Sachs brings an inspiring global perspective that highlights how science, innovation, and collaboration can protect marine environments for future generations."

Jennifer Sachs brings more than 20 years of experience in nonprofit leadership, development, and communications. She holds a degree in Environmental Conservation from the University of Colorado at Boulder and began her career as a park ranger before moving into development roles with leading organizations including The Marine Mammal Center, LightHouse for the Blind and Visually Impaired, and On Lok Senior Programs. Her work reflects a deep commitment to connecting people with environmental stewardship and conservation solutions.

Island restoration is increasingly recognized as a powerful strategy for protecting endangered species and strengthening ecosystem resilience, as island habitats often support unique wildlife found nowhere else on Earth. Through innovative technologies and collaborative partnerships, Island Conservation continues to advance solutions that benefit biodiversity, marine ecosystems, and communities worldwide.

The presentation will be followed by a Q&A session.

The Maritime Distinguished Speaker Series brings leading voices in ocean science, maritime history, and environmental stewardship to the Santa Barbara community, reinforcing SBMM's mission to illuminate our connections to the sea through education and storytelling. The Maritime Distinguished Speaker Series is sponsored by Marie L Morrisroe.



The Signal Hoist is the official publication of the Santa Barbara Sail & Power Squadron. Articles of interest to the membership should be forwarded in writing via email to the Editor by the 20th of the month in order to be included in the next issue. We solicit the submission of your articles on safety, boating, cruising, racing, and squadron activities. Accompanying relevant photos are appreciated. We encourage articles by our members. Send us your true or tall tales. Articles, opinions, and advertisements published herein do not necessarily reflect squadron policy or endorsement unless so designated.

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