

# *The Signal Hoist*

Official Publication of the  
SANTA BARBARA SAIL & POWER SQUADRON  
A Unit of United States Power Squadrons Sail and Power Boating

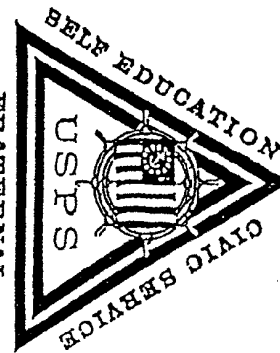


MAY 2016

Dedicated to Safe Boating Through Education

Santa Barbara Sail & Power Squadron  
2810 Glendessary Lane  
Santa Barbara, CA 93105-2960

DATED MATERIAL  
PLEASE DO NOT DELAY!!!



RECREATIONAL  
BOATING CLUB  
UNITED STATES POWER SQUADRONS

THE SIGNAL HOIST



# 2016 Calendar of Events

## APRIL

- 1-3 District 13 SPRING CONFERENCE (Simi Valley)**  
**23 SPRING BRUNCH 10:00 am**  
 to welcome new members at Swallings

## MAY

- 5 Bridge and Member Meeting, Waterfront Classroom**  
**14 District 13 Meeting**  
**TBD Harbor Swap Meet**  
**21 CINCO de MAYO CRUISE to Ledbetter -**  
**Practice Anchoring or MOB (TBD)**

## JUNE

- 1 Meet & Greet Happy Hour Marina One**  
**Ventura SPS visits SB Harbor**  
**2 Bridge and Member Meeting, Waterfront Classroom**  
**11 PROGRESSIVE DINNER 4:00 pm at the Harbor**

## JULY

- 8-10 CRUISE to PCYC**  
**9 PCYC DINNER 7:00 pm**  
**23 RALLY 'Round the Platforms 1:30 pm**

**\*Cruise locations and dates are subject to weather conditions. Alternate locations and dates will be considered if weather interferes with a planned cruise.**

## Notice

“The Executive Committee and Member Monthly Business Meeting” Santa Barbara Sail & Power Squadron meets the first Thursday of the month at the Waterfront Classroom at 1930. District 13 Council Meetings are usually held on the fourth Thursday of each month, except during March, October and December, at Cabrillo Beach Yacht Club, 211 W. 22nd Street, San Pedro, CA Take the 110 Fwy. South to the Vincent Thomas Bridge/Terminal Island exit. Get in the right lane and take Harbor Blvd. Exit. Turn right on Harbor Blvd. And right on 22nd St. CBYC is the bldg. Past the 22nd St. Landing Restaurant. All Squadron Bridge officers are urged to attend. Squadron members are welcome to participate in District 13 activities. Ride sharing is available.

Contact, Cdr. Neil Ablitt, P. @ 805-682-4596

## MAY COMMADER'S REPORT

THANKS!

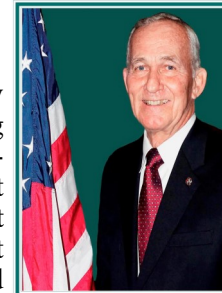
That's all that came to mind when it was time to write my Commander's report. I had just returned from attending what I considered the best Distinct 13 Conference I've attended in 25 years with SBSPS; and we must have had at least 20 members there - a record no doubt - and our host room established an entirely new standard for District host rooms. For that matter, the decorations, fun, games, food and beverages were far superior to any of the host rooms I visited at last year's National Governing Board. And, I was the one everyone sought out to thank for the wonderful conference SBSPS had organized! They were thanking me, while in truth it was the other 25 members who worked long and hard to make it what it was that should be thanked.

We even had members helping who couldn't attend. The Slocums managed all the necessary paperwork before departing for Europe, and Ron even arranged to leave two gallons of his famous "Painkillers" for the host room. Pete Seagoe, who had to attend a conference in L.A., ensured we had plenty of SBSPS T-shirts to wear. And Janis Johnson and Duane Felender worked countless hours organizing, designing and stocking the host room which Dennis and Virginia Johns, along with Steve and Bobby Young, pooled their creative minds to come up with an evening of fun and games. Tom Koch, who organized the seminars, and along with Betty manned the reception desk, also became Saturday night's hit as the straight man making sure the many raffle drawings were honest, timely and fun. Thanks to Ron Matthews for donating his beautiful Brazilian Mahogany pieces; and, finally, a thanks to John Profant, who was responsible for all the hotel arrangements. When we sat down and enjoyed a delicious Saturday night BBQ - for me it was the best dinner I've had at one of these events. Thanks, John, and you too, Llad, for all that excellent family wine that mysteriously just seem to appear at the tables.

And if that wasn't enough, at the awards presentation during the COW/business meeting, SBSPS was the big winner! Starting with Marcia and Betty being recognized as Life Members and SBSPS being on the Honor Roll for the USPS Educational Fund, Distinguished Website, First Place in the 2015 Growth Award; Doris Swalling once again earned the coveted Duncan Gleason Award for her outstanding contribution editing the Signal Hoist!

Congratulations, Doris; and again, many, many thanks to all who helped, participated and supported the effort by buying raffle tickets. In the end we even made a little money.

**P.S. Special thanks to Eleanor York for coming up the authentic idea of "Celebrating and honoring the Sailors who made life possible on our Channel Islands for over 150 years . . . without the Sailors, there'd be no Island Cowboys." The SBSPS corralled this into "SAILORS ROUNDUP" to make the District 13 Spring Conference a memorable one.**



Cdr. Neil Ablitt, P.



## SEO MAY NEWSLETTER P/C John Profant, SN, SEO

Good news, all sixteen of the students who took the Seaman-ship Exam passed. There were 80 multiple choice ques-tions and you need a score of 80% to pass. As the in-structor I felt really good about this class and you all made me proud.

Lt/C Duane Felender, S held a seminar, March 26th on First Aid and CPR. There were three people who took

the seminar and received an American Heart Association Certification on First Aid and CPR.

On March 29<sup>th</sup>, Lt/C Steve Young, JN kicked off the Electronic Navigation class with 18 students. The enthusiasm in this class looks great which means that this is going to be another good class.

The United States Power Squadrons have several seminars we could offer. If there are seminars that you think would be helpful but aren't offered by the Power Squadron let me know. I was thinking that a seminar on clearing cus-toms in Ensenada might be of some interest. If you are interested in taking more seminars which are typically four hours long you should let P/D/Lt/C Tom Koch, SN know. He is the one who can make these seminars happen.

Vessel Safety Checks have also begun. I just finished with doing the Ranger, the 42' fishing boat in front of the Maritime Museum. If you are interested let me know. I have a list started and will be calling on those people soon.

There is a lot of opportunity here to give back to the Squadron. When you do give back it is rewarding and qualifies you for a merit mark.

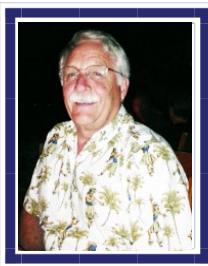
My contact information is [johnprofant@cox.net](mailto:johnprofant@cox.net), or (805) 455-9173.

## Your SBSPS Store is OPEN FOR BUSINESS

Our commander and I ordered, and have received, new long sleeve 'T' shirts with SBSPS down the left sleeve. Some members preordered and have received their shirts. If you want one please contact me. We have a few left in blue, gray and white.

They are \$ 15.00 each. We also have a few of our Santa Barbara squadron 50 the Anniversary burgees left, they are \$ 30.00 each. We can also order pretty much anything you want with our logo and your name, or boat's, on the product.

**Unfortunately all of the T-Shirts were sold at the Spring Brunch. Best Regards, Lt. Pete Seagoe. Ships stores.**



## Fishing on a Transatlantic Crossing

By P/Lt/C Steve Young, JN

As you may have read last month, this past January and February, Jim Hirsch and I accompanied Dennis and Virginia Johns on their 46ft sailing ketch, Libertad, on a transatlantic crossing from the Canary Islands to the Caribbean.



I wrote last month that the high point of the crossing for me (along with the low point) were the effects of Hurricane Alex which was in the North Atlantic at the same time as us. I'm going to speculate that the high points for Jim were much more centered on fishing.

Both Jim and I were fishing neophytes, but Dennis has often had a line trolling after the boat on his voyages. We were delighted when, one day, Dennis caught a medium sized Wahoo (my guess - 10 lbs.) . No photo, I'm afraid, because at the time I was distracted trying to take "arty" pho-tos of waves, so missed the catch. However, this was the cue for Jim to spring into action as sushi chef! He is an aspiring, and somewhat talent-ed culinary artist, and had brought with him a full kit for sushi prepara-tion - sticky rice (high quality short grain that is sticky and slightly sweet) - nori sea-weed sheets - wasa-bi - the works! This photo shows him in the preparation of the delicacy:

**And here's  
the final result:**

**It was totally  
delicious!**







**And here's  
the final  
result:**

**It was totally  
delicious!**

This, of course, put some renewed enthusiasm into Jim's fishing attempts, and a day or so later, here's the result:



A fine Mahi-Mahi weighing in at 21lbs. We looked in the reference book and didn't find any mention of Mahi-Mahi being suitable for sushi, so this one was eaten cooked (thanks to Virginia), and none the less tasty for it! Virginia also served it as the farewell dish on the last evening before Jim and I left the boat at Martinique.

**What a great cook she is!**

## Spring Conference

by P/C John Profant, SN

We had our District 13 Spring Conference April 1-3, 2016. And what a party. It was held for the first time at the Grand Vista Hotel in Simi Valley. Our Squadron hosted the conference in honor of our squadron member Llad Philips who was being inducted as the new District Commander for 2016-2017. The hospitality was held in the Presidential Suite Friday night with lots of food and good spirits. Many thanks go out to Duane Felender and Janis Johnson for setting up the host room and getting the food. Dennis and Virginia Johns set up some games that challenged one's worldly knowledge. All in all, everyone liked the host room which made it easy to converse with everyone.

The business meeting on Saturday was a bit of challenge since our District Commander Ray Paul was in the hospital and could not attend so Llad Philips conducted the meeting. Tom Koch held two seminars. One was on the Squadrons Education Officers responsibility and the other was on California and NASBLA (National Association of State Boating Laws) new requirements for Operating a recreational boat. Hal Hoadley of the Alamitos Squadron also held two seminars, one on Leadership and the other on Robert's rules. Before we had lunch there was one more seminar by Pat and Rick Metheny of the Ventura Squadron. The subject was about their adventures circumnavigating Vancouver Island in their trawler.

After lunch R/C Ken Griffing, SN of the Arrowhead Squadron gave announcements from the National headquarters and then proceeded in conducting the District Change of Watch. Llad Philips, SN was sworn in as District Commander along with the rest of his members of the Bridge.

The dinner dance was a Western Theme with a BBQ buffet. Janis arranged for a professional Western Dancer to give us lessons on line dancing, which about killed my two left feet. Neil Ablitt raffled off a mini vacation in Santa Barbara and a number of Honduras Mahogany Wood products made and donated by Ron Mathews. The Grand prize which did not require that you be there, was a week's vacation in La Paz which was won by Brent and Basha Millhollen.

On Sunday after we all checked out, 27 of us went to the Ronald Reagan Library for a docent lead tour. It was a great way to get introduced to the Library but it just makes you want to come back and spend more time with the exhibits. There was a very special exhibit from the Vatican that we were able to visit on our own.

**Those who went thoroughly enjoyed it and I just want to thank everyone who help make this happen.**







## SAILORS BECAME COWBOYS AT THE ROUNDUP IN SIMI VALLEY!

by Lt/C Duane Felender, S  
and Janis Johnson, S  
Photos Janis Johnson.

After spending many weeks preparing for the D13 Spring Conference, on April Fools' Day we made our way up to the Hospitality Suite at the Grand Vista Hotel in Simi Valley. The set up began with a rush to get ready by 3:30pm. Squadron Members began to arrive soon after, and all were amazed at the festive atmosphere. Some became a little concerned when they saw a "Wanted Poster" on the wall with their mug on it. By 10 p.m., after a lot of "Pain Killers" along with a few other creative cocktails, an abundance of finger foods and some intensely competitive nautical and geographical contests, about 37 people reluctantly departed. It was a comfortable bonding evening with everyone glad to have participated.

Saturday was training day. There were several different presentations going on as well as an incredible Ships Store in the same area. I had attended "SEO Responsibilities" with P/D Tom Koch, SN. He did an excellent job and had a lot of members in the class. I had to take a quick break, and on my way back to the same classroom I happened to stick my head into another classroom. Well, I was instantly coerced into fully entering and taking a seat. I didn't want to feel embarrassed, as if I had not intended to be there, so I sat. This was the class on "Effective Meetings-Who is Roberts?" By Lt/C Hal Hoadley, AP. To my surprise, not only was he another great presenter, but I was amazed at how interesting parliamentary procedures can be! The Instructor was great and I learned a lot about running a meeting.

Saturday night was the highlight of the weekend. The food was exceptional, the wine great, but the dancing took the cake. We had an excellent DJ, Craig, and Instructor Bill Elmer who taught about 20 of us the "Electric Slide" and something called "Power Jam." Some of us were running into ourselves on the tricky turns, but it was still a lot of fun. There were some very valuable prizes awarded which added to the overall success of the evening.

The private docent-led tour of the Reagan Library on Sunday was super interesting for the group of 22 or so members who chose to go, before we all left Simi Valley for home.

For those who missed the "Sailors Roundup," we hope you take a look at the articles and photos and realize what a great group you are associated with!

## Friday Night Host Room, Photos Janis Johnson.





**District 13 Conference 04/1/2016 to 04/03/2016 Host SBSPS.**

**Friday Night Host Room, Photos Janis Johnson.**



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**District 13 Conference 04/1/2016 to 04/03/2016 Host SBSPS.**

**Saturday Night BBQ & Dancing, Photos Janis Johnson.**



Romance is in the Air.

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**District 13 Conference 04/1/2016 to 04/03/2016 Host SBSPS**

**Saturday Night BBQ & Dancing Photos Janis Johnson.**



**District 13 Conference 04/1/2016 to 04/03/2016 Host SBSPS.**

**Reagan Library Tour, Photos Janis Johnson.**

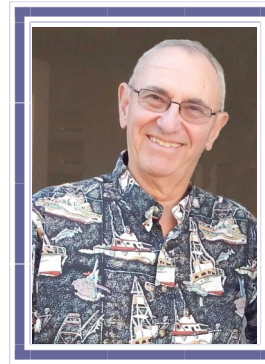


**Shipmates Activity, Photos Janis Johnson**





Seminars & More. Photos Janis Johnson.



**Treasurer's Report for May 2016**

**Lt/C Steve York, Treasurer**

The big financial activity for the past several months has been tracking income and expenses for the District 13 conference. We tracked them separately from our normal finances to see whether we would make or lose money. John Profant, Janise Johnson and Neil among others put a lot of time and hard work into the preparations for the conference which turned out to be a rousing good time and very successful.

We have now completed recording all the activity and I'm happy to report we ended up with a net profit of \$244 from the conference. The meals and Reagan Library tour broke even which was expected. The raffle tickets covered the cost of all of the other (many) details that went into making the conference such a success. Many thanks to Neil for pulling together the great packages for the grand prizes for each raffle. Also thanks to all of you who sold the tickets - and bought them too. They helped us more than break even!

Our regular finances continue to be in good shape through the end of April. We are tracking about on budget. John's education program has already brought in 8 new members so far this year along with over 30 students in the first two classes. Classes are one of our major sources of revenue so we are encouraged to see this trend continue from last year.

**SAFETY TIP FOR MAY 2016**

**by. P/C Marcia Rowland, JN**



A well-known fire extinguisher manufacturer, Kidde, in conjunction with the U.S. Consumer Product Safety Commission has issued a voluntary recall to replace certain Kidde fire extinguisher units.

A faulty valve component can cause the disposable fire extinguishers not to fully discharge when the lever is repeatedly pressed during a fire emergency, posing a risk of injury. About 4.6 million extinguishers sold nationwide between August 2013 and November 2014 are affected.

To see if you have an affected fire extinguisher and arrange for a replacement, go to [bit.ly/FireRecall](http://bit.ly/FireRecall)



## Another View of the District 13 Conference by Eleanor York, Photos Janis Johnson.



What a great dinner party we had at the District 13 Spring Conference!! There were 49 people attending who enjoyed the excellent barbecue buffet of Chicken and Tri-Tip with assorted side dishes. The conference theme of Sailors Roundup was highlighted at dinner by western themed menu, mugs for favors and table decorations - lanterns surrounded by horseshoes and red bandanas - YAHOOO!! Line Dancing after dinner topped off the evening. Janis' efforts (with Duane's help) were over the top! Members from the Valley, Ventura, Arrowhead, Las Vegas, Rio Hondo and Santa Barbara Squadrons enjoyed sharing stories. Ventura Commander Robyn Miller made *extraordinary efforts* to participate in the Conference!

Commander Neil continued hustling raffle tickets right up to last minute before the drawings, generating lots of enthusiasm for the prizes. Thanks to Neil for organizing the two grand prizes – three-day two-night stays in a Santa Barbara motel with dinner at the Fish House and assorted activities including whale watching, Land Shark and Segway Tours. These two wonderful prizes were won by P/C Kristi Cascadden of Ventura Squadron and Eleanor and Steve York of the SB Squadron. Additional raffle prizes included beautiful Architectural Millwork items of Brazilian Mahogany with USPS logos fashioned and donated by Ron Matthews, as well as great wine donated by Llad Philips.

Following dinner and the raffle, Janis organized line dancing with Bill Elmer, a professional instructor. At least half the attendees enthusiastically participated in the lessons. Bill quickly got the entire group moving to the music with most folks completing the full square. Everyone was giggling and laughing and having such a great time. As Bill upped the ante with some more complex steps, the crowd thinned a bit with those watching, laughing right along with the dancers. It was a lot of fun. As the night wound down, the PRO dancers including the Koch's and Felenders, who showed everyone how line dancing was really done.



## Santa Barbara Sail and Power Squadron Activities

by Eleanor York



**SB Harbor Nautical Swap Meet**

**May 14th 6:00 am Set Up Open 8:00 to Noon**

Spring is here! Time to clean out your boat, dock box, car, attic, and garage.

Bring your nautical gear to the Harbor Parking Lot and sell it. SBSPS has two spots we can all share.

**Ledbetter Anchoring Practice**

**Mini Cruise May 21st 1:00pm** (rescheduled from May 7th - Mother's Day)

**Coordinated by Karen and Garrett Osgood**

In response to a number of requests - from new members in classes as well as long time members, we will hold an anchoring practice session at Ledbetter Beach. Some of our members have extensive anchoring experience and have volunteered to share their skills with us. This will be a great opportunity to see how the others do it and learn from each other.

1:00 pm Meet on sand in front of the yacht club. Novices and more experienced boaters will share experiences and information about anchoring as well as tips for different anchorages at Channel Islands.

Following Q&A - Sail or Power to Anchoring Practice off Ledbetter Beach

Bring appetizers and beverages to share on the host boat after we have anchored.

You may want to bring your kayak, dinghy or Stand up Paddle Board and enjoy the bay at Ledbetter!

It should be informative and fun. We hope to see you there!

Weather permitting. Garrett Osgood will call the weather.

**Save the Dates**

June 4th 4:00 Ventura SPS cruises to SB Harbor Meet and **Greet Happy Hour**

**June 11th 4:00 Progressive dinner at the Harbor**

**June 25-26 Summer Cruise to Islands**

Janis Johnson and Eleanor York  
**Activity Coordinators**



# The Fishing Corner

Sand Bass started biting early this year

By: Capt. David Bacon

Visit [www.hooklineandshooter.com](http://www.hooklineandshooter.com)

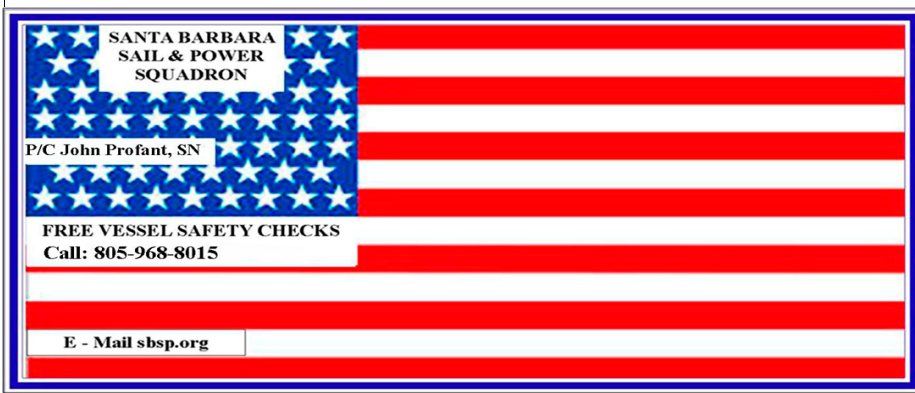


We're catching big grumpy sand bass, and having a blast! Wanna play? Just remember the rules... a minimum size limit of 14 inches and a bag limit of 5 bass (including calico bass). On my charterboat, *WaveWalker*, I encourage folks to release sad bass over five pounds because those fish are good brood stock. You can fish for sand bass as deep as you believe you can find them. On my recent charters, we have caught a good number of sand bass to depths up to 180 feet.

These feisty bass are caught all up and down the coast, at spots including Horseshoe Reef, Armpit, Big Kelp Reef, the Ventura Flats, and off of Santa Barbara. From mid-Autumn through early Spring, the best sand bass fishing is typically found adjacent to structure where they like to hide and hunt. Some of our wrecks and reefs in water as shallow as 30 feet will have scads of sandies hanging around. Out a little further, good numbers of sandies are caught at structure posts near 60 to 90 feet. The biggest brutes around, are in deeper water, from 140 to 180 feet.

Sand bass enjoy lively baits, so a very successful rig is a reverse dropper loop with a 4 to 6 inch sardine or anchovy. Fish this rig just above the rocks and a big sand bass is likely to inhale it instantly. Another favorite rig is a 1.5 to 3 ounce leadhead, a curly tail plastic grub, like a Kalin Mogambo, and a strip of squid pinned on the hook. Bounce this rig along the bottom, adjacent to rocky structure, and hang on for a wild ride when a huge sand bass tugs on the line.

An important word of advice.... These deeper structure spots are also home to rockfish and lingcod, which are off-season. Lingcod are hardy fish without air bladders and can be released easily. Rockfish however, are fairly fragile, because when brought up from the depths rapidly, their air bladders expand and do substantial damage. One way to dramatically increase the survival rate of released rockfish, is to reel them VERY SLOWLY up from the depths. If brought up with a slow and steady retrieve, a heartwarming percentage of incidental rockfish can be released without damage



## Santa Barbara Sail & Power Squadron 2016 - 2017 Executive Committee

<b>Commander</b>	<b>Cdr. Neil Ablitt, P</b>	<b>698-3298</b>
<b>Executive Officer</b>	<b>P/Lt/C Steve Young, JN</b>	<b>884-9490</b>
<b>Educational Officer</b>	<b>P/C John Profant, SN</b>	<b>968-8015</b>
<b>Asst. SEO.</b>	<b>Mike Pyzel</b>	
<b>Administrative Officer</b>	<b>Lt/C Duane Felender, S</b>	<b>452-8868</b>
<b>Secretary</b>	<b>Lt Ronald C. Slocum, AP</b>	<b>685-2142</b>
<b>Treasurer</b>	<b>Lt/C Steve York,</b>	<b>569-5040</b>
<b>Asst. Treasurer</b>	<b>Lt. Peter Seagoe, P</b>	<b>967-4468</b>
 <b>Immediate Past Cdr.</b>	 <b>Marcia Rowland, JN</b>	 <b>967-7190</b>
 <b>Members at Large</b>	 <b>Brent Milhollen, S</b>	 <b>1 Year</b>
	<b>Sue Ablitt, S</b>	<b>2 Years</b>
	<b>Janis Johnson, S</b>	<b>3 Years</b>

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