

The Signal Hoist

Official Publication of the
SANTA BARBARA SAIL & POWER SQUADRON
A Unit of United States Power Squadrons Sail and Power Boating

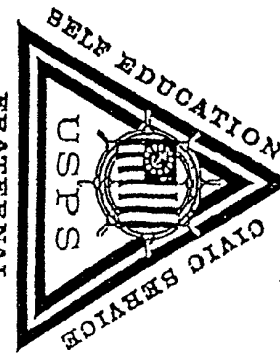


MARCH 2016

Dedicated to Safe Boating Through Education

Santa Barbara Sail & Power Squadron
2810 Glendessary Lane
Santa Barbara, CA 93105-2960

DATED MATERIAL
PLEASE DO NOT DELAY!!!



RECREATIONAL
BOATING CLUB
UNITED STATES POWER SQUADRONS

THE SIGNAL HOIST



2016 Calendar of Events

FEBRUARY

- 13** **CHANGE OF WATCH DINNER 6:00 pm**
High Sierra Grill, Goleta
- 16-21** **National Annual Meeting Cruise Orlando**

MARCH

- 3** **Bridge and Member Meeting, Waterfront Classroom**
- 12** **SHIPS AND DIPS 3:00 pm at the Harbor**

APRIL

- 1-3** **District 13 SPRING CONFERENCE (Simi Valley)**
- 23** **SPRING BRUNCH 10:00 am to welcome new members at Swallings.**

****Cruise locations and dates are subject to weather conditions. Alternate locations and dates will be considered if weather interferes with a planned cruise.***

Notice

"The Executive Committee and Member Monthly Business Meeting" Santa Barbara Sail & Power Squadron meets the first Thursday of the month at the Waterfront Classroom at 1930. District 13 Council Meetings are usually held on the fourth Thursday of each month, except during March, October and December, at Cabrillo Beach Yacht Club, 211 W. 22nd Street, San Pedro, CA. Take the 110 Fwy. South to the Vincent Thomas Bridge/Terminal Island exit. Get in the right lane and take Harbor Blvd. Exit. Turn right on Harbor Blvd. And right on 22nd St. CBYC is the bldg. Past the 22nd St. Landing Restaurant. All Squadron Bridge officers are urged to attend. Squadron members are welcome to participate in District 13 activities. Ride sharing is available.
Contact, Cdr. Neil Ablitt, P. @ 805-682-4596

MARCH COMADERS REPORT

Cdr. Neil Ablitt, P

I want to thank everyone who attended the recent Change Of Watch - that's when we say good-bye to the current Bridge and welcome the new - your presence was appreciated. And, thanks for the positive feedback calling it "The best COW ever!" I particularly enjoyed all the energy. . .it was like getting your squadron batteries recharged. Which was important to me, because while I was relieved of 2015 Commander duties, I was also reinstalled as the 2016 Commander! That make me a "retread" which suggests there may be more Bridge positions available than candidates. And, to that let me add that being on the Bridge can be fun and rewarding, especially when working with some of the incredible personalities there today. So, if you want to step up or become more involved you'll be welcomed with open arms.



Cdr. Neil Ablitt, P.

I also noticed that by the second quarter this year we will have hosted four land-based activities. I think it's time we got out on the water. In fact, as soon as we've some flat seas and warmer weather, let's think about heading to Smugglers. I'll get out there first and then you come out and practice anchoring. I'll watch and promise not to laugh.

And, speaking of land-based events, the Spring Conference is coming up April 1 - no joke! It's a chance to visit the Reagan Library and win some incredible stuff. Like a \$1200 fun package in SB for a measly \$10 - not to mention enjoy a fully stocked host room, interesting seminars and a get a great deal at the Simi Valley Grand Vista Hotel. Check with John Profant or Janis Johnson for more info.

It's a New Year - and we've a new dock (H Finger Replacement completed). Let's enjoy them both.

SAFETY TIP FOR MARCH 2016

By. P/C Marcia Rowland, JN



As a Master swimmer (this is an age group of swimmers) locally and Nationally. I have used this handy little towel. The high tech materials found in underwear and outerwear are making their way into the towel market. The Wick-er Warmup towel, made by Discovery Trekking Outfitters in Vancouver, is a polyester fabric that wicks water away from the body and then dries it almost as fast as you can get it on a clothesline.



The lightweight towel is made with Silver, an anti-microbial technology that kills bacteria, so the towel will not develop a smell, no matter how often you use it or how rarely you wash it. This Silver lining is permanent too; it won't wash out.



SEO MARCH NEWSLETTER
P/C John Profant, SN, SEO

Last month I mention that we had a really good year offering five different courses to the public which brought in 30 new members to our Squadron. This year we have started off with offering a Seamanship class which has 20 students and 15 of them are new members. This just shows me that there is a need for the classes we offer. You just don't get this

kind of training anywhere else.

With that being said I need more help. I want to schedule more classes for the year but I can't do that unless some of our members who are capable step up and commit to teaching a course. I am thankful to Tom Koch and Duane Felender for stepping up and committing to putting on a two-day seminar on First Aid and CPR. The Seminars will take place on Saturday, March 19th from 12:30pm to 6:00pm and March 26th from 12:30pm to 5:00pm.

It would be good to put on an ABC class in April but I need someone to facilitate the class. There are several people willing to teach a session but I need someone to organize the class.

I have everything I need to do Vessel Safety Checks, however, being as busy as I am I need someone to call me up and say let's get it done. I am thinking I should just schedule a day to do five or six of them and get a signup sheet with time slots. Two of our members are close to being certified. They just need to finish two more supervised inspections and they too will be certified Vessel Safety Inspectors.

There is a lot of opportunity here to give back to the Squadron. When you do give back it is rewarding and qualifies you for a Merit Mark.

My contact information is johnprofant@cox.net, or (805) 455-9173. P/C John Profant, SN

SANTA BARBARA
SAIL & POWER
SQUADRON

P/C John Profant, SN

FREE VESSEL SAFETY CHECKS
Call: 805-968-8015

E - Mail sbsp.org

**Here is another excerpt from Ecco Bella's blogsite
by Peggy Ciolino:**

It's finally happened — I've become a certified identifiable boat person!! We're here at the marina in Barra de Navidad at the Grande Isla Navidad Resort. It's a beautiful spot and one of the advantages of being in this marina is that the resort lets the boaters use the pool!! Richard and I were there enjoying the crystal clear water of several pools when a woman came up to me and said, "You're a boater, aren't you?" I said, "Yes, I am. How can you tell?" I was thinking



Marina at the Foot of Grande Isla Navidad Resort in Barra de Navidad.

that since I haven't been doing my hair or applying make-up every day that I probably had acquired some haggard boater appearance. But her response was, "Because of the bruise on your thigh! That's what happens to people on boats. They get knocked and bruised all the time." It was true, I did (and still do) have a bruise on my thigh, but I didn't realize it was such a label!!

We have spent a number of nights at some rolly anchorages where I might have acquired this bruise this past week. The first of the rolly anchorages was Ipala, where we stayed one night after leaving La Cruz. It was a very small anchorage and there was already another boat there when we arrived at about 3:00PM, so we didn't feel like we got tucked into the anchorage that well and we rolled all night. It was a very pretty spot though and the water was quite clear. The water felt good after motor-sailing most of the way there, leaving at about 7:30AM from La Cruz.

We left Ipala at dawn's first light, 7:45AM (it's so weird that it's pitch-black out at 7:00AM) and arrived in Bahia Chamela at about 4:00PM. This turned out to be one of our favorite spots. The anchorage is a good size, the water clear and warm and the town, called Perula, is pretty, stretched out along the beach with its brightly-colored hotels and palapas. We were able to go ashore easily at the end of the beach, where there is an outflow from an estuary, but no waves to contend with. We had lunch at one of the palapas whose owners were a husband and wife who had just taken over the business from the wife's father. They had just moved there from Oxnard!! What a change for them and their two little boys! They

seemed happy though and the father was glad to be in a more relaxed atmosphere. I don't think he'd figured out yet what he was going to do there, besides translate the menu for the customers. Such a change in lifestyle is hard to imagine.

Our first night in Chamela was very calm and quiet. The next night was not, as the rocking got worse and worse throughout our dinner, with the water jug and cups flying off the table onto the floor at one point. No harm done, but you can see how a person could easily get a big bruise and not realize where in the world it came from.

We enjoyed our best snorkeling yet in Chamela. Besides all the little tropical sized fish, a fish about 3 feet long, as well as others of good size swam about me. Our snorkeling came to a slightly premature end, when some fishermen came in their panga into the small cove where we had anchored our dinghy. We got interested in what they were fishing for. It turned out they were collecting sea snails that they said they sold to the local restaurants. They showed us one in a big beautiful snail shell.

Our final night in Chamela was blessedly calm again. We left about 8:00AM in the morning headed for Barra de Navidad. We had planned on stopping at Tenacatita next, but we were running low on water and thought we should get into a marina so we could fill our tank. We will stop at Tenacatita on our way back up.

Not much wind, so motored to Barra passing some interesting coastline of long white sandy beaches, colorful and immense homes dotting some hillsides and an eerie cup-shaped Mexican monument perched on the edge of a rock at the shoreline. When we turned right into the marina from the harbor we felt like we'd entered some kind of paradise. The marina, as I mentioned before is part of a resort. The resort is multi-storied with many sections, each with a different design, in a pale yellow and it clings to a hillside. It towers over the marina and Richard said he felt like he was in Monaco — even though neither one of us has ever been there before! Anyway, it's quite spectacular, particularly just coming from the small villages that we've stopped at since Puerto Vallarta. We were anxious to get cleaned up and get something to eat after we arrived, which we did and decided to eat at the hotel rather than take a panga into Barra. Barra is actually a short panga ride across the entrance from the resort and marina. The dinner was a buffet and although it was good to see some old American favorites like tuna salad, tossed green salad, and french fries, the food was not that good. It's too bad because the resort is very elegant.

The next day we got up and began planning our day. I was in the galley and Richard was in the cockpit and I heard him talking to our neighbor in

the next boat over. She sounded like quite a talker. When I came up, she was talking all about her blueberry tart that she'd ordered from the French Bakery and that it was going to be delivered soon, because the French Baker was in the marina. Pretty soon, we saw him in his little panga (kind of like the Helm's Bakery truck idea) with a wooden sign fixed to the boat between two poles, reading, in cursive "The French Bakery." He stopped at another finger of the marina first and while we waited we found out our neighbor's life story. With every other word coming out of her mouth being either s___ or f___, we had met another colorful character and another lone woman sailor. The French Baker arrived and gave me faith that good food is possible!! I got an almond croissant and Richard got a cream-filled pastry with raisins soaked in tequila. Wow!! I *do* love Mexican food, it's just that I didn't realize how much I love good bread and yeast-type baked goodies. We also got a baguette AND we found his little restaurant in Barra and had lunch there!!!! After our poor dinner at the hotel the night before, we were saved. It turns out that the French Baker visits the marina AND the anchorage every morning except Wednesday and he really is French — amazing find!!

Barra is a bigger town than Chamela, but it's still very picturesque. The streets are narrow and cobblestone, but there are sidewalks and the buildings appear to be in better shape than other towns we've visited. Walking around town, there are many homes that look to be in excellent condition and there are many hotels along the beach that have magnificent views of the bay. There are more tourists here than in other small towns we've visited and unlike other towns where restaurants often look mostly empty, here the restaurants appear to be doing a fair amount of business.

About a 15 min. bus ride away, at the north end of the bay is the town of Melaque. We went there yesterday. It is lovely too, with its share of gorgeous white beaches sprinkled with colorful umbrellas. There are several RV parks, mostly filled with Canadians. We also found a grocery store that has surprising things — like more pickle relish (because I'm running low), sliced olives, yummy new potatoes, and club soda. These are things that have been difficult to find.

We had planned on leaving Barra yesterday, but we like it here, so we added two more days and will leave on Wednesday for Manzanillo. We will soon be in need of a bank and there are no banks in Barra. There is a bank in Melaque, but it's not one that accepts our ATM card, so we need to go to a bigger city with more banks. However, we probably will be going to an anchorage called Santiago rather than Manzanillo. People are telling us that the anchorage at Manzanillo isn't that great and that we will be able to get to Manzanillo easily from Santiago. Also, we aren't ready for the marina at Manzanillo, which only has Med-mooring. Not



**Sunset Dinner in Bahia Ipala Celebrating
Rich's 75th Birthday**

only would that be difficult in our boat, which doesn't back very well, but our dinghy is on davits at the back of the boat and it would block our path for getting on and off the boat.

With the past three nights in the marina being completely calm, except for the occasional wave from a panga traveling fast by the boat, I may lose my certified boater label, but chances are, I suppose, that I'll be re-certified at our next anchorage!

SBSPS Annual Change of Watch 02/1302016

By Lt/C Duane Felender, S

We had a great time at the Change of Watch dinner, although there weren't any changes this year. The restaurant service was terrific and the food was great. How about that dessert! Oh I am sorry, I forgot all who did not attend. We have a couple of events coming up soon, one on the water and two by land. Just for the new members, we are flexible in some instances, land or sea. Our annual Ships and Dips is the next event which is strictly a fun event, and oh boy watch out for the fun. Then we have the largest event of the year, The District 13 Spring Conference, "Sailors Roundup". This is a two day event, hosted by our squadron, on land so there is no hassle to locate a place to dock your boat, a nice comfy room, an incredible hosted hospitality room with finger foods and "drinks". Also on Saturday there will be several edge of the seat seminars, and food and dancing. Who could ask for more. On Sunday there is a voluntary tour of the Reagan Museum. This is strictly off the official venue, and for only those that would like to go. Transportation to the museum is not furnished. After that there is another fun but relaxing event, our Sunday brunch at the Swallings Home. Gourmet bar-becue, pot luck accessories, and of course beer, wine, and sodas. Stay tuned... for upcoming information on the up coming events.



SBSPS Annual Change of Watch 02/1302016

2015 - 2016 AWARD WINNERS

COMMANDER'S TROPHY

Given to a member in recognition of extraordinary efforts for the Squadron.

Lt/C Betty Koch, P



AL LINCOLN AWARD



Given to a member who inspiringly leads in class instruction or sets a noteworthy example of instruction.

Lt/C Steve Young, JN

MOST VALUABLE PLAYER AWARD

Awarded to a member who has provided a valuable service that wouldn't have been done if they didn't do it.



Lt/C Eleanor York & Lt/C Steve York

SBSPS Annual Change of Watch 02/1302016

POWER BOAT AWARD

Made significant use of
his/her power boat.



Lt/C Pete Seagoe, P & Suzette Seagoe



P/C Richard Ciolino, JN & Lt/C Peggy Ciolino, P

SAILING AWARD



Made
significant use
of his/her
sailboat.

THE SANTA MARIA AWARD: ELIZABETH L. CARETTO TROPHY

Recipient deemed
to be the most
active NEW
member – mean-
ing
a member for
no more than



Lt/C Janis Johnson, S & Lt/C Duane Felender, S

SBSPS Annual Change of Watch 02/1302016

THE BONER AWARD

Summary:
Awarded in
good fun to
memorialize a
profound lack
of good
judgment.



The Nominating Committee for “Neil...AGAIN ???!”
D/C Llad Phillips, SN, P/C Rich Ciolino, JN, P/C Marcia Rowland, JN

Decorations Made by our members

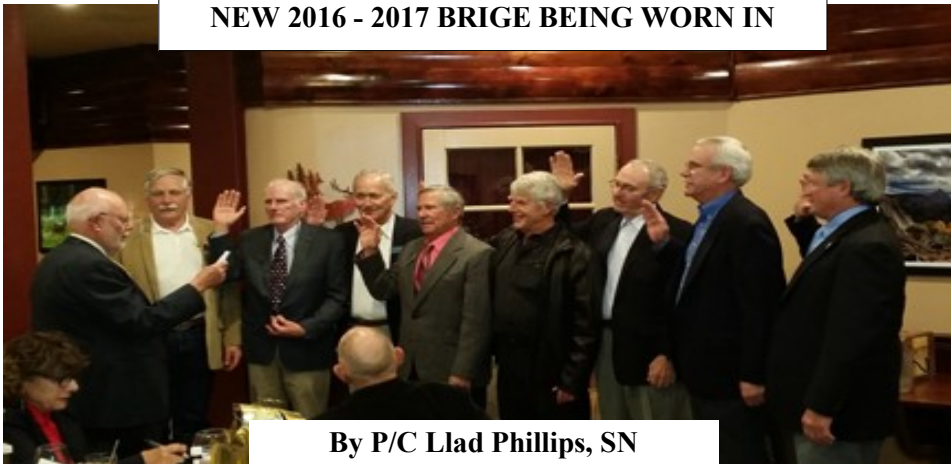


The Venue



SBSPS Annual Change of Watch 02/1302016

NEW 2016 - 2017 BRIGE BEING WORN IN



By P/C Llad Phillips, SN



Cdr. Neil Ablitt, P, being sworn in by P/C Llad Phillips, SN



Our always dedicated Presenters Ron & Vicki Slocum

SBSPS Annual Change of Watch 02/1302016





United States Power Squadrons®

District 13 Spring Conference

Hosted by Santa Barbara Sail & Power Squadron
Grand Vista Hotel ~ Simi Valley, California
April 1-3, 2016

Grand Raffle Prize Drawing

YOU DO NOT NEED TO BE PRESENT TO WIN!

Celebrating and honoring the Sailors who made life possible on our Channel Islands for over 150 years . . . without the Sailors, there'd be no Island Cowboys ~



Two-Night, Three-Day, Mini-Vacation Package for Two in Santa Barbara!
Your own Private Casita at the Eagle Inn, just two blocks from the Beach, with Spa Tub, Fireplace and Balcony; Breakfast included. ALSO, your choice of Dinner for Two at one of three great restaurants: the Fish House on Cabrillo or the Santa Barbara Shellfish Company on Stearns Wharf—both within walking distance — or the Boathouse at Hendry's Beach, within driving distance. At Santa Barbara Sailing Center you'll choose a Whale Watching Trip or Sunset Cruise or Stand Up Paddling or Kayaking. PLUS, you will take a 90-minute Sea and Land Tour on the Santa Barbara Land Shark AND a Butterfly Beach Segway Tour.

Some Restrictions may apply.

Tickets \$10 each — 10-Ticket Maximum Per Person — only 150 Tickets will be sold!



FILL OUT FORM AND SEND WITH CHECK TO ADDRESS BELOW FOR YOUR CHANCE TO WIN THIS FABULOUS RAFFLE PRIZE!!

NAME _____

MAILING ADDRESS _____

PHONE _____ EMAIL ADDRESS _____

Make Check Payable to Santa Barbara Sail and Power Squadron
Mail this Ticket Stub to: Tom Koch, 7940 Winchester Circle, Goleta, CA 93117-1063

Spring Conference Raffle Ticket Update

In the past there have been complaints that Santa Barbara always wins. (That because SB buys the most tickets!) This time to address the issue we have made 100 tickets available to the other squadron in District 13 In advance. So far about 75 have been returned. **THERE WILL ONLY BE 150 SOLD!**

With this publication of this Signal Hoist the remaining 50 tickets are now available for Santa Barbara. (Contact me, Neil Ablitt, for tickets.) **YOU DON'T HAVE TO BE PRESENT TO WIN!**

Prizes?

Two nights in a Casita two blocks from the beach with fireplace and spa. Dinner at your choice: FisHouse, Boathouse, SB Shell Fish Co. Whale watching on the Double Dolphin - or Sun Set Cruise. Stand Up Paddling or Kayaking. 90 minute Land Shark Tour. 2 hour Butterfly Beach Segway Tour. **For a measly \$10!**

Remembering Carolann Phillips

(July 29, 1937 ~ February 15, 2016)

By Janis Johnson

More than 100 people gave tribute to the beloved wife of Llad Phillips, a long time SBSPS member and past Commander, during a Memorial held in her honor at Alice Keck Park in downtown Santa Barbara February 20th.

The Phillips' daughters – Jackie, Shay and Colleen (who facilitated the ceremony) – did an amazing job putting together such an outstanding tribute for their mom, Carolann. The life that Carolann led was

lovingly described, not only by her daughters and other family members, but by many former students and associates from Franklin Elementary School. It was apparent that she had touched the lives of

many, many people in innumerable important ways. The beautiful setting was most appropriate for remembering someone who apparently loved gardening and nature as much as Carolann did. Knowing how much

Carolann loved and was loved was evident among all her knew her well. About a dozen members of the Santa Barbara Sail and Power Squadron were on hand to offer their support to Llad on this special day and in the days ahead.

Carolann Rose Phillips

July 29, 1937 - February 15, 2016

In Loving Memory



"The morning was fresh from the rain. The smell of the tide pools was strong. Sweet odors came from the wild grasses in the ravines and from the sand plants on the dunes. I sang as I went down the trail to the beach and along the beach to the sandspit. I felt that the day was an omen of good fortune. It was a good day to begin my new home."

-Island of the Blue Dolphins

Remembering Carolann Phillips



CPR & First Aid for Boaters

The Santa Barbara Sail & Power Squadron is pleased to offer a CPR and First Aid Course designed especially for boaters. The program, taught by American Heart Association Certified Instructors, who are all USPS members, covers the following topics:
CPR for Adults and Children/with and without face mask

Automatic External Defibrillator (AED) Training

First Aid Basics

Medical Emergencies

Injury Emergencies

Environmental Emergencies

Special Medical Concerns and Emergencies for Boaters

Upon completion of the training, students will receive an American Heart Association Course Completion Card in CPR & First Aid. This certification card is accepted by the United States Power Squadrons® for anyone needing certification for BOC and by the USCG for Captain's License requirements. It is also recognized by all Emergency Medical Services (EMS) organizations. It has a two-year expiration date.

Dates & Location:

Date: 19 & 26 March 2016 Time: 1230 – 1800

Waterfront Classroom, Santa Barbara Harbor, Cost: \$95.00*

*☐ This fee includes the study materials and handouts. All training equipment will be supplied for use during the classes.

Use of American Heart Association materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

Refresher on Flag Etiquette

Raise the flag briskly, but lower ceremoniously. Do not fly in bad weather unless an all weather flag. Fly at night only if properly illuminated, otherwise sunrise to sunset only. Always allow the flag to free fall and never use it to carry, store or deliver anything. Finally the flag should never be used as bedding, drapery or clothing. That is why if you see a woman wearing an American flag bikini ask her to take it off!



The Fishing Corner

Ocean fishing seasons start up March 1st

By: Capt. David Bacon

Visit www.hooklineandshooter.com

Rockfish and lingcod seasons open March 1st and thus begins our season of fishing. In April salmon seasons opens. In May and June we start getting serious about halibut, during the summer the white seabass gang up on squid spawns. But it all starts at the beginning of March when we can again go catch rockfish and lingcod for fresh fish dinners and maybe some for the freezer.

There are plenty of areas to fish locally. The topography off much of the SoCal Bight features steep ridges, reefs and escarpments. This is the promised land for rockfish... perfect habitat with plenty of forage food. Limits can be easy to come by, when conditions are right, along our mainland coast and around the Channel Islands.

Wise anglers bring both heavy and medium rigs. You'll need a heavy rig with up to 50 pound line (preferably a braided line such as Spiderwire) for deep water work when a stiff wind is causing a fast drift, or a strong current is making it difficult to fish close to the bottom. A lighter outfit rigged with 30 pound line is sufficient for deeper spots during calm conditions. Lighter rigs are way more fun because they are more sensitive and allow the fish to give you a better fight.

Bring plenty of heavy weights from 5 ounces up to a pound and lots of hooks. Many anglers like to adorn double dropper loop hooks with beads, mylar tinsel, and glow-in-the-dark material. Another good option is to use plastic bodies such as Gulp Baits and Power baits by Berkley. Pin on a strip of squid or live bait for added attraction.

A favored rig on my charterboat, the *Wave Walker*, is a jig on the bottom and a teaser hook on a dropper loop eighteen inches up the line. At these depths, I prefer a compact jig with action and flash like a Lingslayer or Diamond Jig. Bounce these rigs off the rocks below and jig them actively within a foot of the bottom to load up with tasty rockfish and raging lingasaur.



Santa Barbara Sail & Power Squadron 2016 - 2017 Executive Committee

Commander	Cdr. Neil Ablitt, P	698-3298
Executive Officer	P/Lt/C Steve Young, SN	884-9490
Educational Officer	P/C John Profant, SN	968-8015
Asst. SEO.	Mike Pyzel	
Administrative Officer	Lt/C Duane Felender, S	452-8868
Secretary	Lt Ronald C. Slocum, AP	685-2142
Treasurer	Lt/C Steve York	569-5040
Asst. Treasurer	Lt. Peter Seagoe, P	967-4468
 Immediate Past Cdr.	 Marcia Rowland, JN	 967-7190
 Members at Large	 Brent Milhollen, S	 1 Year
	Sue Ablitt, S	2 Years
	Janis Johnson, S	3 Years

The SIGNAL HOIST is the official publication of the SANTA BARBARA SAIL & POWER SQUADRON. Articles of interest to the membership should be forwarded in writing to the Editor by the 20th of the month in order to be published in the next issue. We solicit the submission of your articles on safety, cruising stories and member and boating photographs. We encourage articles by our members. Send us your true or tall tales. Articles, opinions and advertisements published herein do not necessarily reflect USPS policy nor endorsement unless so designated

Publisher: P/C Wilfred Swalling, S E-Mail doris@dorisswalling.com
Editor: Doris A. Swalling E-Mail doris@dorisswalling.com

Publisher: P/C Wilfred Swalling, S
Editor: Doris A. Swalling
Proofreader P/C Richard Ciolino, SN
Mail Coordinator: P/C Ronald Mathews, AP
Photographers: Lt Peggy Ciolino, P
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